

ADITYA COLLEGE OF ENGINEERING

(UGC-Autonomous Institution)





BOARD for COMMUNITY DEVELOPMENT through EDUCATION

REPORT

Event Name: World First Aid Day

Date: 14.09.2024

Event Organized: BCDE Cell

Venue: Seminar Hall 405

OBJECTIVE:

The world celebrates World First Aid Day every year on the second Saturday of September. This is a global effort to raise awareness of first aid and teach people critical lifesaving skills. The Theme of First Aid are Saves Lives, Reduces Recovery Time, Prevents Further Harm, Reduces Healthcare Costs..

EVENT OVERVIEW:

The BCDE cell of Aditya College of Engineering has organized awareness program on World First Aid Day on 19.09.2024 for IV year B. Tech students.

The BCDE cell of Aditya College of Engineering has organized an interaction with the students on the topic Different terminologies used in First Aid Practices on 14th September 2024 between 12.10 pm and 1.00 pm. Mr. K.Balachandra, Asst Professor, BCDE Coordinator presented a prerecorded video describing the various common terminologies used in First aid. He informed students that the initial hour was crucial for the injured person and that was termed as 'Golden Hour' where the medical support at the moment helped them to survive and back into life. He also presented the aim of the first aid as to preserve life, prevent further harm and promote speed recovery. In his presentation he mentioned the importance of the CPR (Cardiopulmonary Resuscitation) and chest compressions.

Links of the Video:

https://www.youtube.com/watch?v=0 2H8B3lyVE,

https://www.youtube.com/watch?v=Nc9oejsYu50.

https://www.youtube.com/watch?v=6jNIwAHXH7c

Importance of First Aid

The following are some basic first-aid skills that everyone should know:

Cardiopulmonary Resuscitation (CPR): This is a technique for saving a person from sudden cardiac arrest or lack of breathing. Essentially, it entails chest compressions and rescue breaths, allowing oxygen to circulate and flow throughout the body.

Heimlich maneuver: This technique dislodges an object from a person's airway, which obstructs normal respiration and causes choking. It is important to act quickly when a person



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chokes in order to help the normal breathing process resume.

Bleeding: Severe bleeding is life-threatening. Apply pressure to the wound with a clean cloth and elevate the injured area above heart level.

Burn Treatment: Run cool water over the burned area for several minutes, then cover the affected area with a clean, non-stick bandage. In severe burns, it's crucial to seek professional attention in a hospital.

Managing Fractures: Fracture management entails immobilizing the injured area and avoiding unnecessary movements to prevent further damage to tissues and bones. A splint or makeshift support helps maintain limb stability until professional help is available.

Stroke Recognition and Response: FAST is an easy way to remember the sudden signs of a stroke. For speed, consider factors such as face, arm, speech, and time. If any of these symptoms are present, call emergency services immediately. Early intervention is crucial when a person is experiencing a stroke. In the case of a stroke, the earlier the medical treatment starts, the better the chance for survival and reducing long-term injury.

The details of the participants are listed below:

| S.No | Participants | BCDE Volunteers | Event Coordinator |
|-------------------|--------------|--------------------|-------------------|
| 01 | 78 | 5 | Mr.K.Balachandra |
| Stan of the Creso | | | Mr.N.Ramakumar |



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Photos of the event:







COORDINATOR

PRINCIPAL

Aditya College of Engineering Madanapalle - 517325